



Escaped to Latin America

"Be Inspired by Travel!"

***5 DAY TOUR of
MACHU PICCHU &
THE SACRED VALLEY***

Proposal itinerary for

Ann Brooks

January 2017



Proposed Itinerary

Please find below an itinerary based on our correspondence. All our itineraries are completely customizable, if you wish to change any of the elements please let us know and we will be happy to do so. We will work with you until the schedule and the price are the best possible for you.



Hotels used for this proposal:

[Villa Urubamba Lodge 3*](#) - Sacred Valley

[El MaPi 3*](#) - Aguas Calientes (Machu Picchu)

[Unaytambo Boutique 3*](#) - Cusco



Day 7 - Fly to Cusco - transfer to the Sacred Valley.

January 3rd



After your 6 day adventure in the Amazon rainforest, you will be collected from the airport to go on a scenic drive at sunset to the Villa Urubamba Lodge in the Sacred Valley.

There are a number of reasons for taking you straight down to the valley, the most important of which is the altitude. As the Sacred Valley is several hundred meters lower than Cusco, it is at a more comfortable altitude for your arrival in the highlands. You then have some days to acclimatize before you go back to Cusco.

Another benefit is that you are about 1.5 hours closer to Machu Picchu than if you stayed in Cusco, meaning you get more time to sleep in and enjoy your breakfast on the morning before you board the train to visit the citadel ruins.

Day 8 - Explore the Sacred Valley

January 4th

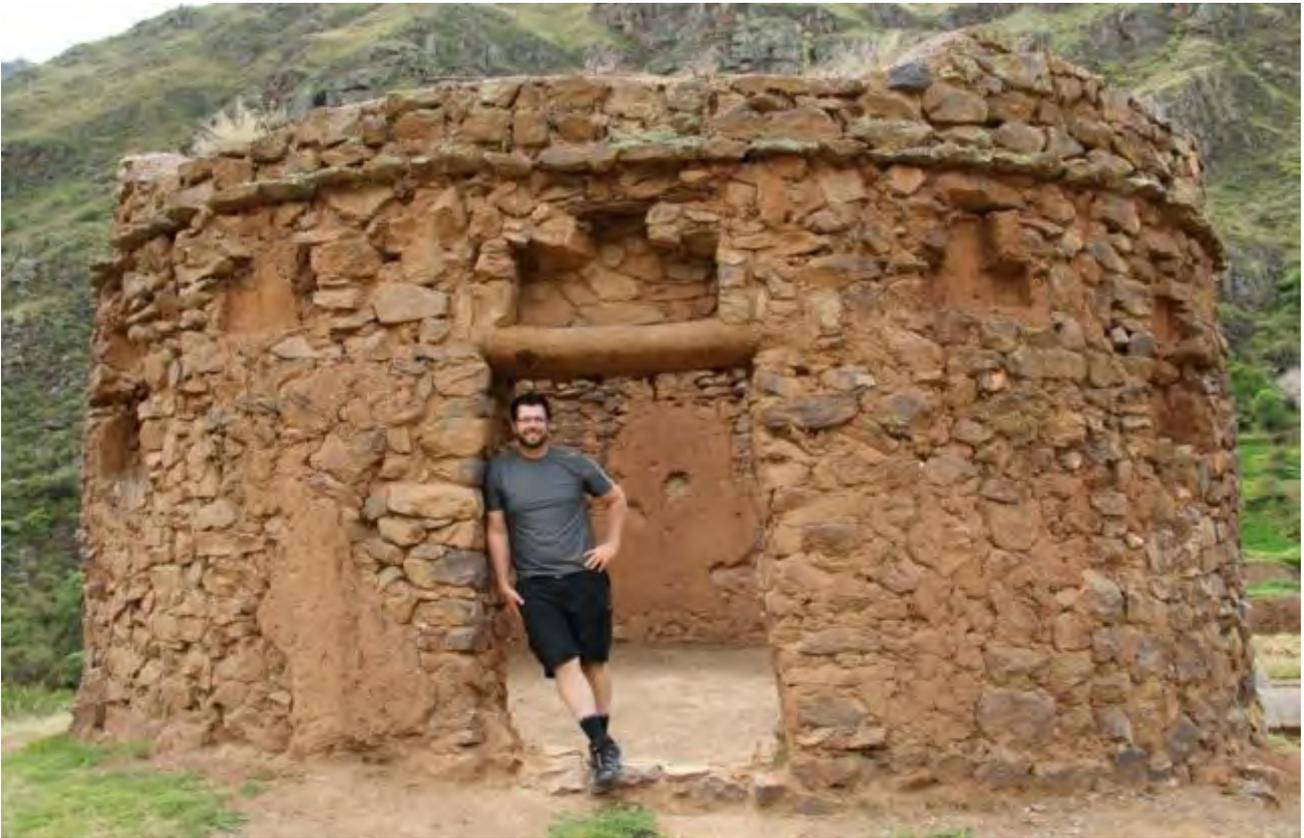
Today you will be collected from your hotel and taken on a special tour of the Sacred Valley of the Incas. From your hotel we travel to Ollantaytambo. This is an attractive little town located at the western end of the Sacred Valley. The town has been built on top of original Inca foundations and is the best surviving example of Inca town planning.

The town is divided in canchas (blocks) which are almost entirely intact. Each cancha has only one entrance (usually a huge stone doorway) which leads into a central courtyard. The houses surround the courtyard. The town is located at the foot of some spectacular Inca ruins which protected the strategic entrance to the lower Urubamba Valley.



This impressive fortress at Ollantaytambo was the site of an important Incan temple and the royal estate of Emperor Pachacuti. The temple area is at the top of steep terracing which helped to provide excellent defenses. Stone used for these buildings was brought from a quarry high up on the opposite side of the Urubamba River – an incredible feat involving the efforts of thousands of workers. The complex was still under construction at the time of the conquest and was never fully completed.

After a guided tour of the site you will drive down the valley towards Calca; after 30 minutes you will arrive at the small, rarely visited ruin of Urco near the town of Calca. Here you will be given a description of the site and the ancient farming practices that were undertaken on the extensive terraces which have been now fully restored. It is very unlikely you will see anyone else at these ruins as it is well off the beaten track.



You will then walk down the hill to the family-run San Roman dairy and corn farm where you will be shown around the facilities, the animals, the machinery; and be shown how the largest corn in the world is grown in this unique climate. This is a working farm, not a staged event, the people you see are doing what they do every day. After exploring the farm or “Hacienda” you will then sit down with the family to enjoy a hearty lunch.





During this full day private tour you will also visit the ruins at Pisac and the famous market in the town below, in addition to paying a visit to the Ccochahuasi Animal Sanctuary. (the precise order of the day's activities can vary).



Day 9 - Discover Machu Picchu

January 5th

This morning you will be collected from your hotel and taken a short distance to board your train to Aguas Calientes, the small town from where the Inca citadel of Machu Picchu is visited.

Machu Picchu, the breathtaking Lost City of the Incas, is located on a natural saddle between high mountains. Terraced slopes fall away to the Urubamba River, which rushes around a hairpin bend far below the citadel.



Since its fortuitous re-discovery by Hiram Bingham in 1911 a whole host of theories as to its historical significance have emerged. What is in no doubt is how finely preserved the site is, having not been discovered by the Spanish conquistadors nor disturbed by looters since its abandonment.

Your guide will lead you on a full exploration of the ruins - staircases, terraces, temples, palaces, towers, fountains and the famous sundial. Lunch at the Sanctuary Lodge next to the ruins is included in the tour and after you will have free time to explore a little more until you get the bus back down to the town and settle in at your hotel before dinner, which is also included.

Note: There is a 5kg luggage restriction on the train to Machu Picchu. We include a luggage transfer back to your hotel in Cusco as standard. On the night before you leave for Machu Picchu, pack enough supplies into a backpack for one night in Aguas Calientes, your luggage will be waiting for you in your hotel when you return to Cusco.

Day 10 - Re-visit Machu Picchu

With optional climb up either Huayna Picchu or Machu Picchu Mountain

January 6th

Today you have re-entry tickets to Machu Picchu included so you can go back to the citadel for a second look. We can also include the permits for Huayna Picchu peak or the more demanding yet rewarding Machu Picchu Mountain (starting at either 7 or 10am) should you want them so you can climb for a view of the site from another angle. Bus tickets up and down are also covered and you can go when you want as long as you are aware what time your train leaves for Cusco. Your guide will instruct you on the logistics the day before.



Enjoy the train journey on the way back and when you get into Ollantaytambo or Poroy you will be picked up and transferred back to Cusco and your hotel.

Day 11 - Cusco City Tour.

January 7th

Today, in the morning, you will finally get chance to explore Cusco - the world famous UNESCO world heritage site and historical capital city of the Inca Empire. You will visit several highlights within the Imperial city plus the surrounding Inca ruins, including the huge fortress of Saqsaywaman which was one of the most important battle sites during the Spanish siege of Cusco in the early 16th century. This tour is fully guided and with all entrances included, it will give you a great overview of the Incan capital.



Depending on when your flight back to Lima leaves, you may have time to explore Cusco and pick up any last minute souvenirs before our transfer team meet you back at the hotel in time for your flight.

The cost of this tour for 10 people travelling is US \$ 1,272 per person

The approximate cost of your domestic flights will be \$400 per person.

Included:

- * All tours as described with a qualified English-speaking professional guide
- * All hotels include breakfast, other meals as specified
- * Accommodation in 3* hotels
- * Round-trip Vistadome Machu Picchu Train
- * All private transfers, buses, & entrance fees
- * 2 visits to Machu Picchu
- * Huayna Picchu or Machu Picchu Mountain permits

Not Included:

- * International & domestic airfare and taxes
- * National Departure Taxes at airports where it may be applicable
- * Other meals unless specifically stated in the itinerary
- * Personal expenses such as telephone bills, laundry expenses, beverages, etc
- * Travel Insurance covering medical, cancellation, theft/loss etc.
- * Extras and tips

At this stage we have not made firm reservations and this proposed itinerary is subject to availability. To proceed with your booking a deposit will be required. You can view our [terms and conditions](#) on our website.

Essential Travel Information

For more detailed information please consult the [Travel Library](#) on our websites.

Passports

Please double-check your passport is valid for six months beyond the date of return from your trip. If you change your passport after booking the trip with us, please tell us, and then bring the old one with you just in case.

Please note that you must have with your passport with you to board flights, trains, buses, to enter the Inca trail and some other treks, as well as to check in to hotels.

Visas

Visa requirements can, and do, change at short notice and we strongly advise you to check with your National Government's websites after booking and then a couple of weeks before travelling to make sure nothing has changed.

Immigration Card

Upon arrival in most Latin American countries you will receive an immigration slip that should be kept for your departure. This slip of paper will be required at all hotel check-ins so please keep it safe and don't lose it.

Departure taxes

Departure taxes at some airports are included on flights booked with us depending on the route you are traveling.

Travel Insurance

We strongly recommend you take out travel insurance before your trip. We do not sell travel insurance but we can direct you to the website below.

www.insuremytrip.com

Electricity

220 volts/110 volts. The plugs are either two-pronged round (not the European pins) or flat pins.

Time

Peru is GMT minus 5 hours, and East Coast US time.

Eating & Drinking

Peruvian food is becoming world-famous and is excellent and varied. There are many regional specialties, too many to list here. We have a [restaurant guide](#) on our website.

Health

Tetanus, polio, typhoid, hepatitis A are advisable but not compulsory. Yellow fever is required if going to the Amazon Jungle. Please check with your doctor or Travel Clinic for other up-to-date immunization advice, including malarial areas. Do not drink the tap water, bottled or boiled water is available everywhere.

Up to date health requirements are available at:

<http://wwwn.cdc.gov/travel/destinationPeru.aspx>

Transfers

Whether arriving at an airport, bus or train station please look around for our representative and give sufficient time for them to find you. Look for a sign with your name on it. If not found after a reasonable period please call the number listed for the person or agency that should be collecting you.

